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Matthew 6:25-34 Courage, Dear Heart



Jesus tells us to let it
go. (v. 25-30)



1. We let **personal** anxieties go. (v. 26)



Genesis 1:26 (NIV)

Then God said, “Let us make mankind in our image, in our likeness, so that they may rule over the fish in the sea and the birds in the sky, over the livestock and all the wild animals, and over all the creatures that move along the ground.”



1. We let **personal** anxieties go. (v. 26)
2. We let **future** anxieties go. (v. 27)



1. We let **personal** anxieties go. (v. 26)
2. We let **future** anxieties go. (v. 27)
3. We let **relational** anxieties go. (v. 28-30)





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Let it go so you can
cling to Christ. (v. 31-34)



A. We let relational anxieties go by
building a relationship with God. (v. 32)



- A. We let relational anxieties go by
building a relationship with God. (v. 32)
- B. We let future anxieties go by
recognizing our own limitations. (v. 34)



- A. We let relational anxieties go by **building a relationship with God.** (v. 32)
- B. We let future anxieties go by **recognizing our own limitations.** (v. 34)
- C. We let personal anxieties go by **finding our all in Christ** (v. 33)



Romans 8:38–39 (NIV)

For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.



Let it go so you can
cling to Christ.

