

**A Foreign Food**  
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1. At Cornerstone, we invite all who believe in Jesus to take the Lord's Supper.
2. You don't have to be a Congregationalist, Baptist, or Lutheran, just a follower of Jesus.
3. But this doesn't mean that we don't "fence" or "limit" who should take the Lord's Table.
4. The early Church leader Paul taught unrepentant believers living in sin shouldn't partake.

1st Corinthians 11:28-30 <sup>28</sup> Everyone ought to examine themselves before they eat of the bread and drink from the cup. <sup>29</sup> For those who eat and drink without discerning the body of Christ eat and drink judgment on themselves. <sup>30</sup> That is why many among you are weak and sick, and a number of you have fallen asleep. (NIV®)

(This also means that those who don't believe shouldn't partake.)  
(I've wondered why and I think this verse hints at the answer.)

The Lord's Supper is a foreign food for those who don't believe.

1. Have you ever been to a foreign country and been told not to eat the food?
2. Maybe the locals say your stomach can't handle it or you'll catch a bug.
3. The Lord's Supper isn't food from a third-world country, but the greatest country of them all.
4. Our supper is so spiritually rich, apart from faith in Christ, none of us can partake.
5. If you don't believe in Jesus, partaking will only make you spiritually sick.
6. But how about those of us who are Christians but are afraid to partake?
7. If you are confessing sin and believing in Jesus, you are worthy!
8. If you don't eat, you'll become spiritually malnourished—you'll starve.
9. The Lord's Supper is the food of your homeland—come and enjoy!

**The Lord's Supper is food for those whose homeland is heaven.**

(Let me **pray** and then I'd like the servers to come forward.)

"For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was betrayed took bread, and when he had given thanks, he broke it, and said, "This is my body which is for you. Do this in remembrance of me."

\*Serve the bread (Gluten free option).

(Take and eat.)

"In the same way also he took the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you proclaim the Lord's death until he comes." (1 Cor 11:23-26 ESV)

\*Serve the cup.

(Take and drink.)

(Let me **pray** and then please pass your cups to the servers as they walk up the aisles.)