



Exodus 20:8-11

God Commands Rest

Massachusetts Blue Law

Whoever on Sunday keeps open his shop, warehouse, factory or other place of business, or sells foodstuffs, goods, wares, merchandise or real estate, or does any manner of labor, business or work, except works of necessity and charity, shall be punished by a fine of not less than twenty dollars nor more than one hundred dollars for a first offense, and a fine of not less than fifty dollars nor more than two hundred dollars for each subsequent offense, and each unlawful act or sale shall constitute a separate offense. (M.G.L. c. 136, s. 5)



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God gave Israel Sabbath
law to give them rest.
(Exodus 20:8-10a)



Three Types of Law:

1. **Civil Law** - Judicial Rulings



Numbers 15:32-36

32 While the Israelites were in the wilderness, a man was found gathering wood on the Sabbath day. 33 Those who found him gathering wood brought him to Moses and Aaron and the whole assembly, 34 and they kept him in custody, because it was not clear what should be done to him. 35 Then the Lord said to Moses, “The man must die. The whole assembly must stone him outside the camp.” 36 So the assembly took him outside the camp and stoned him to death, as the Lord commanded Moses. (NIV®)

Three Types of Law:

1. **Civil Law** - Judicial Rulings
2. **Ceremonial Law** - Religious Rituals



Exodus 31:13

13 “Say to the Israelites, ‘You must observe my Sabbaths. This will be a **sign between me and you** for the generations to come, so you may know that I am the Lord, who makes you holy. (NIV®)

Three Types of Law:

1. **Civil Law** - Judicial Rulings
2. **Ceremonial Law** - Religious Rituals
3. **Moral Law** - God's Character





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God gives all his people
Sabbath rest to set them free.
(Exodus 20:10b-11)



Deuteronomy 5:15

15 Remember that **you were slaves in Egypt** and that the Lord your God brought you out of there with a mighty hand and an outstretched arm. Therefore the Lord your God has commanded you to observe the Sabbath day. (NIV®)

Romans 14:5-6a

5 One person considers one day more sacred than another; another considers **every day alike**. Each of them should **be fully convinced in their own mind**. 6 Whoever regards one day as special does so to the Lord... (NIV®)

Colossians 2:16-17

16 Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day.

17 These are a shadow of the things that were to come; **the reality, however, is found in Christ.** (NIV®)

“Sabbath rest sets us free.
Jesus sets us free.”

