Welcome to Cornerstone!

We are glad you’re here! If you’re visiting with us for the first time today, please take a minute to fill out the yellow card you found on your seat and return it to our Welcome Center for a gift from us.

For all things Cornerstone—how to become involved in a small group, volunteer, listen to past sermons, learn about what we believe, and more, visit our website, cornerstonewestford.com.

We are having a Fellowship Dinner today after service. If you’re visiting with us today, please come as our guest. We’d love to get to know you!

Children & Youth

Infants – 5th Grade: Infant & Toddler care is available downstairs. Cornerstone Kids for K-5th is dismissed from the service. Youth Group for Middle & Senior High is held with our Parent church, Immanuel Church from 6-8 pm on Sundays. Immanuel is located at 301 Boston Road in Chelmsford.

**Meals Ministry**

The Meals Ministry is made up of people who are willing to cook (or order take out) and deliver meals to those who need them. If you’d like to serve in this ministry, please see Patt Courtemanche or email her, patt.courtemanche@gmail.com.

**New Small Groups begin on May 7!**

**Why Are Small Groups Important?**

At Cornerstone, small groups are our primary form of community building and discipleship outside of the weekly worship service. Small groups are the key ministry for helping everyone, no matter how young or mature, to reflect on sermons and become comfortable with Bible study, to grow in community, mature in the faith, and be challenged to put their belief in Jesus into action.

**What Are Small Groups?**

Cornerstone small groups are sermon-based groups of approximately 6-12 people that ask their participants to make a 7 to 10-week short-term commitment to study the Bible and fellowship together. Groups welcome newcomers and encourage those who love their group to stay and increase their role. We love it when new groups multiply!

Our songs today

Here I am to Worship, *Tim Hughes*

Almighty God, *All Sons and Daughters*

How Great is Our God, *Chris Tomlin*

My Hope, *Paul Baloche*

Lord, I Need You, *Matt Maher*

NOTES: Jesus Gives Rest Mark 2:23-3:6

Jonathan Romig

“One Sabbath Jesus was going through the grain fields, and as his disciples walked along, they began to pick some heads of grain. The Pharisees said to him, “Look, why are they doing what is unlawful on the Sabbath?” He answered, “Have you never read what David did when he and his companions were hungry and in need? In the days of Abiathar the high priest, he entered the house of God and ate the consecrated bread, which is lawful only for priests to eat. And he also gave some to his companions.” Then he said to them, “The Sabbath was made for man, not man for the Sabbath. So the Son of Man is Lord even of the Sabbath.” Another time Jesus went into the synagogue, and a man with a shriveled hand was there. Some of them were looking for a reason to accuse Jesus, so they watched him closely to see if he would heal him on the Sabbath. Jesus said to the man with the shriveled hand, “Stand up in front of everyone.” Then Jesus asked them, “Which is lawful on the Sabbath: to do good or to do evil, to save life or to kill?” But they remained silent. He looked around at them in anger and, deeply distressed at their stubborn hearts, said to the man, “Stretch out your hand.” He stretched it out, and his hand was completely restored. Then the Pharisees went out and began to plot with the Herodians how they might kill Jesus.” NIV®