

Meditation

John 6:35: Then Jesus declared, “I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.”

Explanation

The Lord’s Supper is a remembrance of Jesus. It helps us remember that Jesus gave Himself completely for us. As believers, we come to the Lord’s Table believing that Jesus’ death—the breaking of his body and spilling of his blood—paid in full the penalty for our sin. In coming to Jesus, His perfect righteousness is freely given to us in exchange for our unrighteousness, and just as He was raised from the dead, we also are promised eternal life.

Who May Partake

Scripture is clear that this remembrance is for believers. If you haven’t come to Jesus, if you are holding back in your belief in Him, if you can’t in good consciousness call yourself a Christian, we ask that you’d let the elements pass you by as they are served. We don’t want you to take in what Scripture calls an unworthy manner, because that leads to judgment. But at Cornerstone, we practice open communion. If you have put your faith in Jesus Christ, if you actively trust in His perfect righteousness for your salvation, if you are trusting in Jesus as the only one who can make you worthy, then you are welcome to share in the Lord’s Supper. This is for you. It is for us.

Passing The Bread

- The Lord Jesus,
- on the night He was betrayed,
- took bread,
- and when He had given thanks,
- He broke it and said,
 - “This is my body,
 - which is for you;
 - do this in remembrance of me.”

Passing the Cup

- In the same way,
- after supper
- He took the cup, saying,
 - “This cup is the new covenant
 - in my blood;
 - do this, whenever you drink it,
 - in remembrance of me.”