Receiving & Giving Communion

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Introduction: (Slide #1)

1. The Apostle Paul explains communion with these words.

For I **received** from the Lord what I also **delivered** to you, that the Lord Jesus on the night when he was betrayed took bread, and when he had given thanks, he broke it, and said, "This is my body which is for you. Do this in remembrance of me." 1 Corinthians 11:23-24 (ESV)

- 2. I want you to notice the words "received" and "delivered"
- 3. **Communion is an act of receiving.** What? The gospel anew.
- 4. We remember Christ's death, and resurrection, his body breaking for us.
- 5. **Communion is also a reminder to give.** What? The gospel to others.
- 6. When we've received something so good, it makes us want to share it.

Fencing The Table

- 1. If you haven't yet received the gospel for the first time, I invite you to do so.
- 2. Invite Jesus to forgive you of your sins, make you new, and start a life of following him.
- 3. If you're not a follower of Jesus yet, please just watch... one day you too can receive.

(As the servers come up, think about what it means to receive communion, the gospel.) (When the bread is passed, reflect on how Jesus gave his own body for you...)

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*Serve communion. Pause at the back to allow time for reflection.

"Receive Christ's body broken for you." (Slide #2)

In the same way also he took the cup, after supper, saying, "This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me." For as often as you eat this bread and drink the cup, you **proclaim** the Lord's death until he comes. **1 Corinthians 11:25-26** (ESV)

(As you receive the cup, take the time to reflect on how you might **deliver/proclaim** the gospel to others.) (Jesus spilt his blood for you, for me, and for others who don't know him yet.)

*Serve and pause at the back allowing time for reflection.

"Receive Christ's blood spilt for you and for the ones he's rescuing all around us. Let's pray."

(Please pass your cups to the end and deposit them in the black bins. Let's continue with worship.)