

# Praying with God

## Psalm 22

*Praying with Christ*

Jesus lived and  
prayed Psalm 22.

## **Matthew 27:35**

When they had crucified him, they divided up his clothes by casting lots. (NIV®)

## **Psalms 22:18**

They divide my clothes among them  
and cast lots for my garment. (NIV®)

## **Matthew 27:39**

Those who passed by hurled insults at him,  
shaking their heads (NIV®)

## **Psalms 22:7**

All who see me mock me;  
they hurl insults, shaking their heads. (NIV®)

## Matthew 27:43

He trusts in God. Let God rescue him now if he wants him, for he said, ‘I am the Son of God.’” (NIV®)

## Psalms 22:8

“He trusts in the Lord,” they say,  
“let the Lord rescue him.  
Let him deliver him,  
since he delights in him.” (NIV®)

## Matthew 27:46

About three in the afternoon Jesus cried out in a loud voice, “Eli, Eli, lema sabachthani?” (which means “My God, my God, why have you forsaken me?”). (NIV®)

## Psalms 22:1

My God, my God, why have you forsaken me?  
Why are you so far from saving me,  
so far from my cries of anguish? (NIV®)

Pray Psalm 22 with  
Jesus in mind.

(verses 1-21)

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- When you feel abandoned (v1-2), remember Christ's presence (v3-5).



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- When you feel abandoned (v1-2), remember Christ's presence (v3-5).
- When others look down on your faith (v6-8), remember Christ's faithfulness (v9-11).
- When you suffer (v12-18), remember Christ's suffering and deliverance (v19-21).

Jesus prayed Psalm 22  
with us in mind.

(verses 22-31)

## John 19:30

When he had received the drink, Jesus said, “It is finished.” With that, he bowed his head and gave up his spirit. (NIV®)

## Psalms 22:31

They will proclaim his righteousness,  
declaring to a people yet unborn:  
He has done it! (NIV®)

*Jesus prayed Psalm 22 with  
us in mind. Pray Psalm 22  
with him in mind.*