

Reconciliation Preparation

In preparation for your upcoming reconciliation meeting please think through, pray over, and respond to each of the following questions:

1. **Goal - What are my goals for this meeting?** What am I trying to achieve by meeting with this person or people? What's my purpose? What do I hope to walk away with? Are there any Bible passages that are helping you process this in a gospel-centered way?
2. **Confess - What sins can I admit?** What sins can I take ownership for and ask for forgiveness for? (Mt. 7:1-5) How might my heart have deceived me? (Jer. 17:9) How might the evil one have blinded me to my own mistakes, deceived us, or confused the situation? (Eph. 6:12) How might I have offended or wronged them? (Mt. 5:23-24)
3. **Explain - What issues do I need to address?** What sins or mistakes do I need to speak to? How has this other person hurt me? How can I speak truth in love? (Eph. 5:15) What do I need to say so that it won't turn into bitterness in me? (Eph. 4:26-27) This is your opportunity to say what you need to say, but do so gently and with love (Col. 3:12).
4. **Forgive - Am I prepared to forgive?** How can I not hold a grudge? Am I prepared to not hold this wrong against them? (Mt. 6:14-15; 1 Cor. 13:5) Has this happened before? If so am I still prepared to forgive and also set clear boundaries? (Lk. 17:3-4) How can I forgive them like Christ has forgiven me? (Eph. 4:32)
5. **Encourage - How can I affirm them?** What positive words of encouragement can I share about the other person's identity or the job they are doing? Can I affirm their gifting and calling? Make sure to end your conversation by saying something positive and encouraging to the one you just had a hard conversation with (Phil. 4:8).

Please spend time in prayer for your coming reconciliation meeting (2 Cor. 5:16-21).